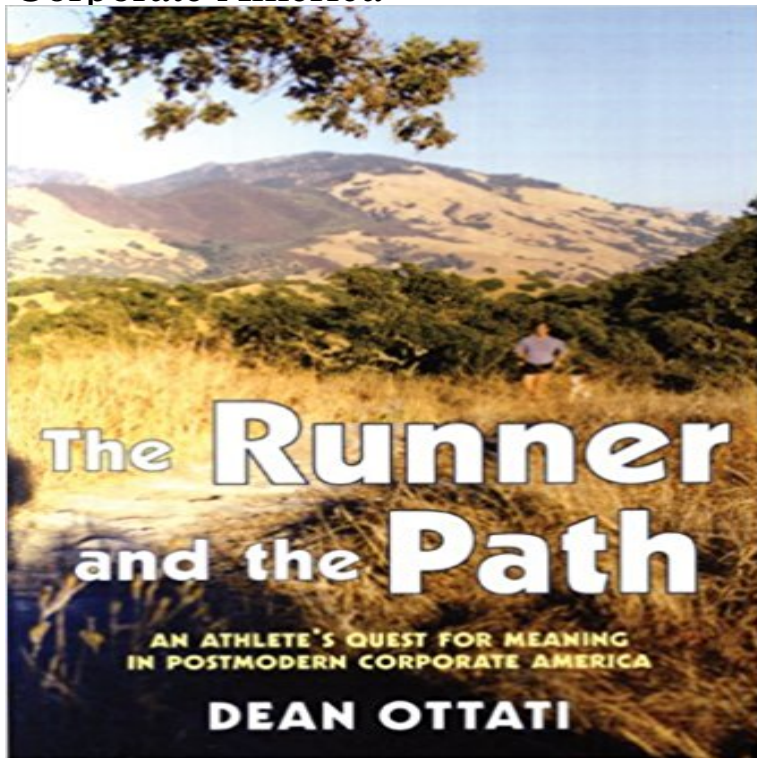


The Runner and the Path: An Athletes Quest for Meaning in Postmodern Corporate America



Dean Ottati works for a large corporation and seeks real meaning in his life, beyond the hardball negotiations that make up his long workday. He feels that capitalism has made us all poorer slaves of the clock, pursuing the illusory. To find real substance, he runs trails and roads and beaches, alone or with friends, constantly challenging himself physically and intellectually. He peels back layers of hardness from his heart. He finds a new balance in the forces of family, work, love, solitude, money, happiness, and time. Ottati's quest takes him on a fascinating path toward a common-sense enlightenment. Now available in paperback.

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