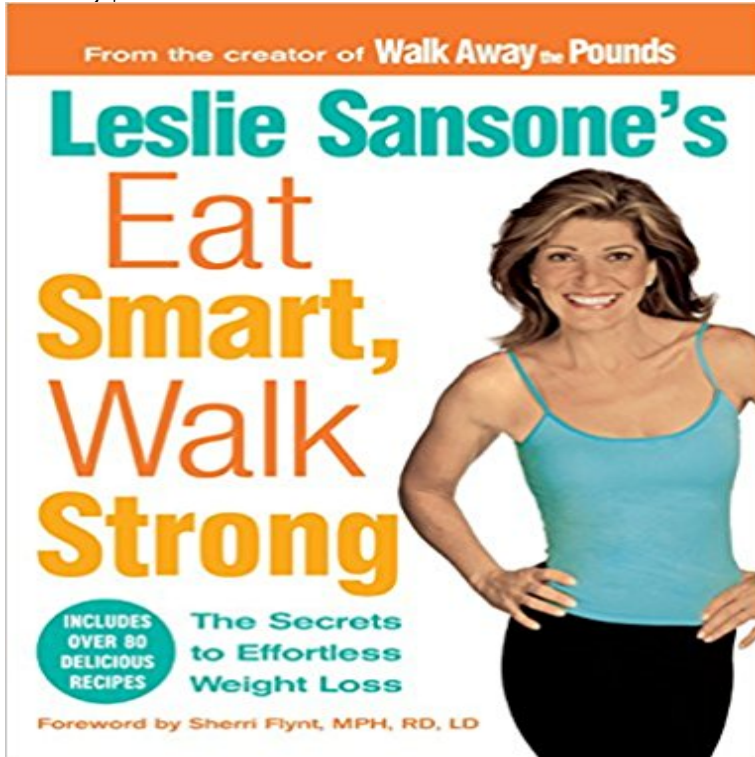


Leslie Sansones Eat Smart, Walk Strong: The Secrets to Effortless Weight Loss



A bestselling fitness guru turns her expertise and experience to teaching her fans how to develop the healthy eating habits that have worked for her. Her proven six-week plan allows readers to experiment with different methods and adopt the healthy habits that are most effective for them.

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