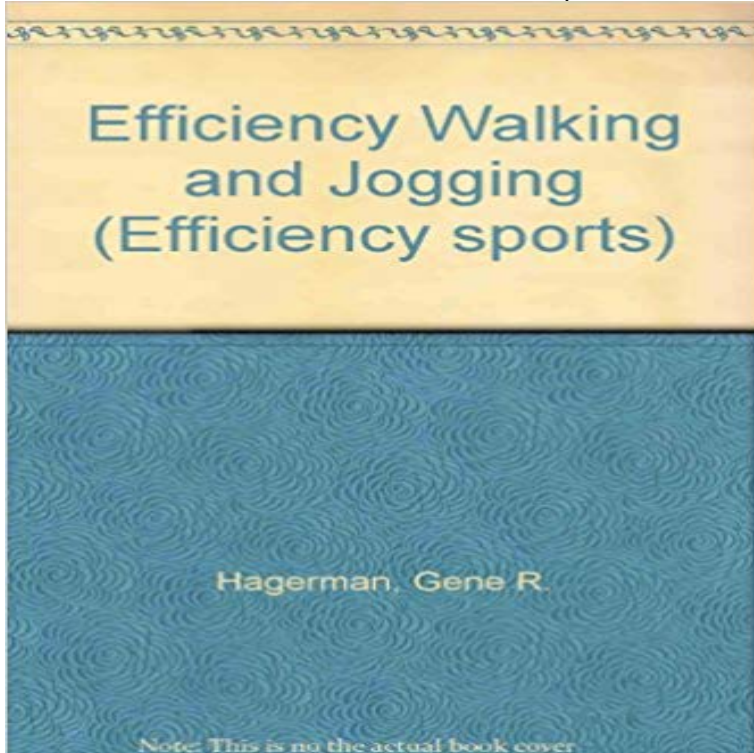


EFFICIENCY WALKING/ (Efficiency Sports)



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was measured from the ratio W_{tot}/Net energy expenditure: this is greater than 0.25 indicating that both in walking and in
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