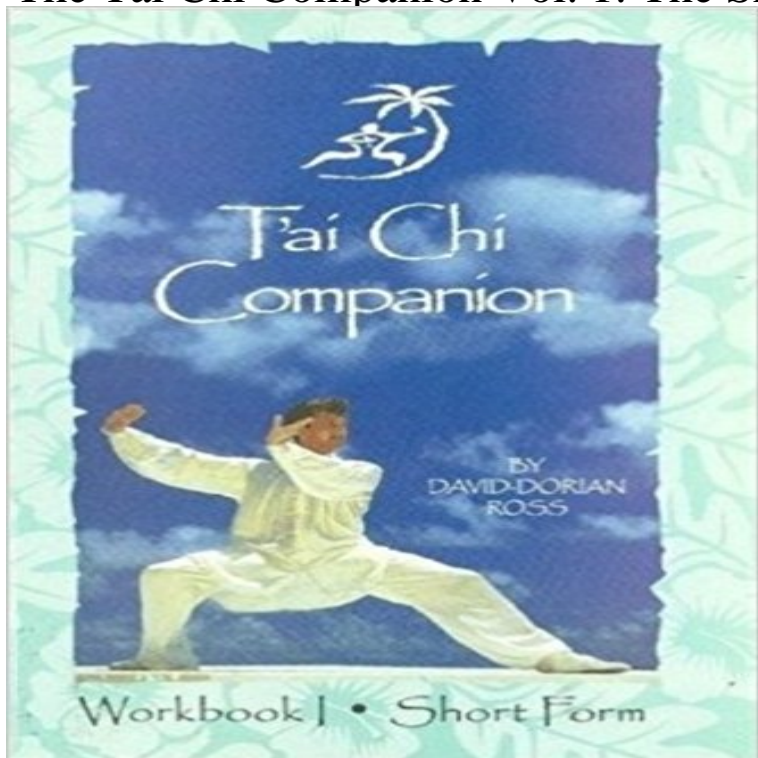


# The Tai Chi Companion Vol. 1: The Short Form Workbook



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