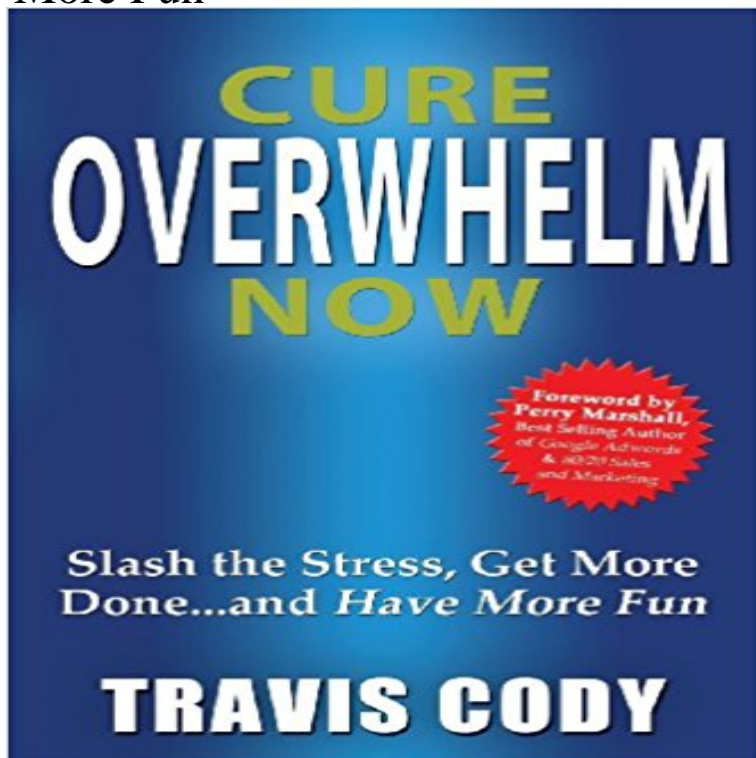


## Cure Overwhelm Now: Slash the Stress, Get More Done... and Have More Fun



How do you eat an elephant? One bite at a time. How do you master overwhelm? One small step at a time. Travis Cody, author of Cure Overwhelm Now, has written a book that guides you one step at a time to cure the overwhelm that is ruling your life. It works - but you have to follow his system. John Chancellor TOP 500 Amazon.com Reviewer Technology. It was supposed to be your saving grace. What the heck happened? The harsh reality is that you have slowly but surely become enslaved by all the tools that were supposed to make your life easier, happier and more productive. And now it feels like there is just never enough time. In Cure Overwhelm Now you'll see how very simple changes to how you use the technology in your life (smart phones, tablets, the Internet, etc.), even for short periods of time, can drastically improve your life. Follow the system outlined in this book and you will get: Clarity and Focus More Energy Increased Stamina Better Sleep Easier Productivity And More... Cure Overwhelm Now shows you the simple, little adjustments you can make that will help you to get your life back, get more done and finally have more fun.

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